



Cut at the line for a 4x6 Recipe Card

**Everyday Recipes: [everydayrecipes.ca](http://everydayrecipes.ca)**

## ***Yogurt Smoothie (non-alcoholic)***

(Beverages)

### Ingredients:

- 1 pouch strawberry-kiwi Crystal Light
- 1 1/2 cups plain yogurt
- 1 banana
- 2 cups water
- 1 cup ice cubes

### Directions:

Blend all ingredients together until smooth.

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great food | made easy!