



Cut at the line for a 4x6 Recipe Card

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Bologna Stew

(Dinner, None)

Ingredients:

- 1 lb bologna, thickly sliced and cut in quarters
- salt to taste
- 1 med onion, sliced
- 1 carrot, diced
- 1 small turnip, diced
- 2-3 potatoes, peeled and cubed
- 2-3 tbsp ketchup (if desired)

Directions:

Fry bologna until slightly browned. Put bologna and all the vegetables in a soup/stew pot. Add enough water to barely cover everything. Let boil slowly until vegetables are tender. Stir in ketchup near the end for added flavour, if desired.

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