



Cut at the line for a 4x6 Recipe Card

Everyday Recipes: everydayrecipes.ca

Slowpokes Mac And Cheese

(Lunch)

Ingredients:

- 1/4 cup all-purpose flour
- 1 tsp salt
- 1/4 tsp pepper
- 2 tbsp minced onion flakes
- 1/2 tsp paprika
- 3 cups milk
- 1 cup sharp cheddar cheese, grated
- 2 cups elbow macaroni, uncooked

Directions:

Stir first 5 ingredients in saucepan. Whisk in milk slowly until no lumps remain. Heat and stir until boiling and thickened. Add cheese and macaroni. Stir. Turn into 3 1/2-quart slow cooker. Cover and cook on low for 2 to 2 1/2 hours, or on high for about an hour.

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